



Annual Report and Accounts
For the year ending 31st
December 2011
Prepared for the Charity
Commission



“At Room to Heal you are not a patient or a reference number, you are a human being.”

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THANK YOU

Our charity relies on the invaluable support of a number of organisations and individuals. We would like to thank the numerous volunteers, funders and partner organisations which have helped us in 2011, including:

Our Volunteers

Brian O'Reilly
Emily Burn
John Martin
Jo Masiulaniec
Paul Maston
Matt Skrein
Marc Sutton
Sophie Warren
Liam Crosby
Hannah Kiribige
Chantal Elkin

Our Partners

Mildmay Community Centre
Culpeper Community Garden
Claremont Project
St. Mary's Community Partnership
Hazelwood House
The Helen Bamber Foundation
Mosaic Films

Our Funders

Comic Relief
Cloudesley Health Grant
The Bromley Trust
Lush
Islington Community Chest
QPSW
Individual funders

CHARITY INFORMATION

Trustees

Penelope Farrar **Chair**
Wendy Stayte **Secretary**
Marc Wickham **Treasurer**
Sarah Hughes **Trustee**
Michelle Knorr **Trustee**
Rhodri Jamieson-Ball **Trustee**
Sophie Wickham **Trustee**

Staff Team

Mark Fish **Director**
Chloe Davies **Community Manager**
Jane Taylor **Women's Programme Coordinator**
Roro Ratih Ambarwati **Community Support Worker**

Registered Office

Mildmay Community Centre, Woodville Road, London, N16 8NA

Registered Charity No

1128857

Registered Company No

06744055

Independent Examiner

Martin Lamb, 68 Treen Avenue
London SW13 0JT

Bankers

The Co-operative Bank
62-64 Southampton Row
London WC1B 4AR
www.co-operativebank.co.uk

Insurance Providers

Markel Ltd.

Legal Advisers

Freshfields, Bruckhaus and Derringer Solicitors generously provide pro bono legal support



“When I came here I was without hope but now something has changed. It was winter and now for me it is spring.”

Introduction

Room to Heal is a healing community for refugees and asylum seekers who have survived torture and other gross human rights violations. In 2011 we have fifty-five members from at least 25 countries. They are amongst the most vulnerable populations in the UK. Typically, after surviving horrific abuses in their countries of origin and long, arduous journeys to the UK, they often face years struggling through the asylum system. We believe in the transformative power of community in helping people who have experienced such abuses to heal.

Our work is based on the simple but recognised idea of a ‘therapeutic community,’ where specialist psychological support is available alongside group and community activities. We aim to enable people to find renewed meaning and enjoyment in life, to recover from their traumatic experiences, and to integrate into UK society.

The Report

The Trustees have pleasure in presenting their Annual Report for the purposes of Section 45 of the Charities Act 1993, together with the Accounts for the year ended 31 December 2011. It was approved by the following Trustees on the 27th September 2012:

- Penelope Farrar
- Michelle Knorr
- Rhodri Jamieson-Ball
- Sarah Hughes.

The Trustees have adopted the provisions of the Statement of Recommended Practice “Accounting and Reporting by Charities” issued in March 2005, in preparing the Annual Report and Financial Statements of the charity.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Constitution and Type of Governing Document

Room to Heal is registered in England and Wales as a Company Limited by Guarantee (No. 06744055) and as a Registered Charity (No. 1128857). Our governing document is the *Memorandum of Association and Articles of Association of Room2Heal* as amended most recently on the 25th March 2009.

Trustees

Rooms to Heal Trustees are recruited by introduction, word of mouth and referral. New Trustees are appointed by a resolution passed at Board of Trustees' meetings.

The Board of Trustees is the decision-making body of Room to Heal and is supported by staff and volunteer professional advisors. It meets regularly and typically four times a year. The Board comprises Trustees who together have a wide range of life experience, business skills and knowledge or professional expertise of relevance to the charity's activities, aims and objectives. Room to Heal encourages volunteers and supporters to attend regular meetings of Trustees, but they are asked not to be present for discussions of a sensitive or confidential nature such as staff employment matters.

Responsibility for day-to-day management including management of part time staff and volunteers is delegated to the Managing Director, Mark Fish, who is directly accountable to the Trustees.

Trustees are aware of their responsibility to ensure that the major risks to which the charity is exposed are identified and to establish systems to manage those risks. The Board of Trustees has established a Risk Register that is reviewed regularly at Trustees' meetings.

Penny Farrar (Trustee and Chair)

Penny is a management consultant with a diverse background in community development. She is a former Board member of Foundation House in Australia and has been involved with Room to Heal since its inception in 2007. Penny brings expertise in governance, programme planning and management and stakeholder engagement to Room to Heal.

Wendy Stayte (Trustee, Director and Secretary)

Wendy was a founding member of the Board of Trustees. A consultant psychiatrist for 30 years, Wendy brings a wealth of clinical, cultural and community based understandings to Room to Heal. Following a posting as a Mental Health Advisor for Médecins Sans Frontières in the north Caucasus in 2004-2005 she then worked from 2006 to 2009 providing psychiatric assessments/medico-legal reports and facilitating a women asylum seekers' group for the Helen Bamber Foundation. Wendy supports the ongoing development of Room to Heal's group work and plays an important role in Room to Heal retreats as a volunteer therapist.

Sarah Hughes (Trustee and Director)

Sarah is a linguist and anthropologist. She was Director of the International Rescue Committee UK 2005-2009, head of the Africa Division at Christian Aid from 2002-2005 and before that head of their Eastern and Central Africa team from 1998-2002.

Michelle Knorr (Trustee)

Michelle became a Trustee in November 2009 and is a practicing barrister at Doughty Street Chambers. Michelle's main legal practice areas are immigration, asylum and human rights law. Michelle brings a deep knowledge of asylum and refugee experiences together with knowledge of best practice in charity governance and experience of working with international development NGOs to her work as a Trustee.

Sophie Wickham (Trustee)

Sophie joined the board of Trustees in 2010. She has extensive experience in providing casework support and advocacy to refugees and asylum seekers and has managed support groups focusing on addressing the needs of women who have experienced gender-based violence. This background, combined with her expertise in human rights law, enables her to play a valuable role in advising on Room to Heal's programme delivery and development.

Rhodri Jamieson-Ball (Trustee)

Rhodri has been Liberal Democrat Councillor for Mildmay, Islington since 2006. Rhodri joined the Board of Trustees in August 2010 and brings a strong knowledge of the local community in which much of Room to Heal's work is based. He is very involved in local Islington activities and is a Director on the Board of the Mildmay Community Partnership. Rhodri also has a strong interest in good governance, and assists Room to Heal in developing more efficient governance structures and processes. Rhodri also has a wider interest in international development economics.

Mark Wickham (Trustee and Treasurer):

Mark is a trainee accountant and works as a Business Planner and Finance analyst for Danone Waters UK. He graduated from the University of York in 2007 and previously worked for M&S as a Commercial Manager.

Staff

Mark Fish is Room to Heal's Founder and Director. He is a counsellor and psychotherapist with post-graduate qualifications in refugee healthcare and an MSc in violence, conflict and development. He has 20 years' therapeutic experience in group therapy, mediation, clinical supervision and professional development. Mark worked as Country Representative for Quaker Peace and Social Witness in the conflict zone in Northern Uganda (2002-04) and subsequently as a volunteer group facilitator at Freedom from Torture. In addition to Mark, during 2011 Room to Heal employed the following staff members:

Jane Taylor was employed as the Women's Programme Coordinator (part-time) – an experienced psychotherapist with previous experience of individual counselling with survivors of torture at the Helen Bamber Foundation and international experience in cross-cultural research in Cambodia.

Roro Ratih Ambarwati (Rae) was employed as the Women's Programme Community Support Worker (part-time). Rae has qualifications in psychology and therapeutic group-work.

Jane and Rae both have extensive experience of working with Room to Heal's target community and together facilitate the Women's Programme group work and support associated activities.

Chloe Davies coordinated the Women's Programme from November 2010-July 2011, before taking up a new role as Community Manager. She also works as a counsellor and group facilitator. Chloe previously worked at Reprieve, coordinating rehabilitation projects for former prisoners from Guantanamo Bay and Death Row. She holds an MSc from SOAS and is currently completing her integrative psychotherapy training at the Minster Centre.

Supervision

Regular clinical supervision is provided by Diana Birkett, who is also a supervisor at Freedom from Torture and Head of Counselling Services at Sutton Counselling Services.

Volunteers

Our staff team is joined by numerous and invaluable volunteers who assist with administrative, fundraising, casework, retreats and various projects.

CHARITABLE OBJECTS

The objects for which the charity is established (as amended 25 March 2009) are:

1. To promote human rights (as set out in the Universal Declaration of Human Rights and subsequent United Nations Conventions and Declarations) throughout the world by all or any of the following means:
 - (a) Relieving need among the victims of human rights abuse
 - (b) Obtaining redress for the victims of human rights abuse
 - (c) Research into human rights issues
 - (d) Raising awareness of human rights issues
 - (e) Promoting respect for human rights among individuals and organisations;
2. To promote social inclusion for the benefit of the public by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.

STRENGTHENING GOVERNANCE AND BUILDING CAPACITY

In order to provide a strategic focus for Room to Heal's work Trustees and staff met together with key volunteers at an independently facilitated Away Day where the following ten strategic aims were developed to guide organizational development during the period August 2010 - December 2012. The aims, which are listed below, were formally adopted by Trustees at their meeting on 7th June 2010. Progress, as summarised below, was reviewed by Trustees on the 28th November 2011.

1. Develop and implement a fundraising strategy to support Room to Heal's core activities

Progress during 2011

- Development of 'Friends of Room to Heal' supporters programme for individual donors
- Application to support men's programme, made to United Nations Voluntary Fund for Victims of Torture
- Unrestricted funding secured from the Bromley Trust, with whom we hope to cultivate an on-going relationship
- Recruitment of a Community Manager to also coordinate funding strategy, applications and reporting.

2. Strengthen existing governance, create confidence in succession planning

Progress during 2011

- Consolidation of governance in 2011 following the recruitment of new Trustees in 2010
- Development of Room to Heal Manual, which documents our structure, decision making processes and policies. This is made available to staff, volunteers and Trustees. Members are made aware of its existence and briefed specifically on those policies most immediately relevant to them e.g. our policies on confidentiality and working with vulnerable people.

3. Strengthen financial planning and reporting

Progress during 2011

- Regular reports provided at Trustee meetings, cash flow projections monitored and three monthly projections regularly provided to Trustees, fundraising calendar maintained for planning applications and scheduling reporting to donors and trusts.

4. Improve internal communications

Progress during 2011

- Community Manager further developed a range of effective administrative systems to ensure smooth running of organisation and improved management of client files etc.
These administrative systems include: casework and referrals, financial planning and fundraising, website and IT management
- Development of Room to Heal Manual documenting policies and procedures and best practice with regard to day-to-day operation of charity
- Development of 'Google Docs' system for sharing information internally and with Trustees.

5. Build profile and improve external communication and engagement with supporters

Progress during 2011

- Development of new Room to Heal website, which can be updated readily by staff and volunteers and which better documents our philosophy and activities
- Annual report developed as means of communicating achievements, directions and priorities with funders, partners, donors, volunteers and other supporters
- Developed film about our garden project in tandem with 'Mosaic Films,' the British Council and Open University
<http://roomtoheal.org/2012/02/the-garden-comes-to-life/>
- See community development 3) for further details.

6. Strengthen relationships with partners and referral agencies

Progress during 2011

- We have further extended the pool of referral agencies, and strengthened relationships with partner agencies
- See Community Development 3) for further details,
- Developed a range of activities with specialist partners to deliver programmes for our members (e.g. ESOL with Islington Adult Education, Mindfulness for Trauma with Oxford University Centre for Mindfulness).

7. Develop stronger support and supervision processes for staff and volunteers

Progress during 2011

- Maintained processes introduced in 2010 for recruiting and managing volunteers, and for staff reporting to Trustees
- Maintained bi-monthly clinical supervision arrangements for therapist staff
- Maintained regular referrals and casework meetings to oversee client management
- Recruited Community Manager to assist in supervision of volunteers
- Held annual staff 'Away Day' to reflect on work, best practice and aims.

8. Design and implement a monitoring and evaluation system which informs Room to Heal's planning and reporting

Progress during 2011

- Developed evaluative procedures to be completed annually, including qualitative and quantitative dimensions
- Introduced use of Harvard 'Trauma' and Hopkins 'Anxiety and Depression' questionnaires to evaluate members' well-being
- Developed a range of materials to evaluate specific projects.

9. Locate a permanent home for Room to Heal and consolidate all non-gardening activities on site

Progress during 2011

- Located new long-term site for Room to Heal at Mildmay Community Centre in Islington and relocated.

10. Strengthen Room to Heal's planning and review processes

Progress during 2011

- Staff have regularly reviewed progress against agreed priorities in liaison with Trustees
- Regular meetings held between Director and Community Manager to plan therapeutic and organizational development
- Regular meetings held between Director and Chair of Trustees to review progress
- Held strategic review for staff and Trustees in November 2011.

COMMUNITY DEVELOPMENT – AIMS AND ACHIEVEMENTS

During 2011 Room to Heal articulated the following aims with regard to the development of our healing community:

1. Refine our approach to working with individuals who have suffered torture and gross human rights violations

Achievements

- Held staff Away Days and strategic meetings to formulate and articulate our approach and aims; reviewed these with Trustees
- Articulated our philosophy, aims and activities coherently on our new website and publicity materials
- Developed our criteria for membership
- Developed new referral protocols
- Meetings held with partner organisations to articulate our approach and ensure effective cooperation.

2. Consolidate Men's and Women's Programmes, in line with the changing needs of our members

Achievements

- Developed stronger focus within our therapeutic programme on trauma
- Increased casework capacity to more effectively meet members' needs (e.g. housing, legal, medical issues)
- Increased counselling capacity to assist with specific trauma issues, crisis situations, and to ease new members into the community
- Ran our first 'mixed' rural, community building retreat, which particularly aimed to help women who had endured sexual violence to overcome extreme anxiety around men
- Moved to Mildmay Community Centre to access increased space for physical therapies, group-work and gardening, as well increase integration with local community.

3. Raise awareness of the plight of vulnerable community amongst the wider public and policy makers

Achievements

- Meetings and communication with local government agencies to articulate our members' needs and inform policy
- Created a film in partnership with Mosaic Films, the Open University, the British Council and our members, to communicate the therapeutic work we do in Culpeper Community Garden to a wider audience

<http://roomtoheal.org/2012/02/the-garden-comes-to-life/>

- Took part in 'Refuge in Films' Festival at the BFI Southbank Centre, showing our film and talking about our work,
- Presented a talk titled 'art and trauma' at the Platforma Conference in November 2011
- Attended meetings with partners such as Redress, to network and share best practice on supporting torture survivors.

4. Help people to navigate the stress and complexity of the asylum process and welfare systems

Achievements

- Assisted our members in accessing immigration solicitors to support their asylum application
- Helped our members in articulating their traumatic histories in their asylum claims through intensive individual therapy
- Accompanied individuals to asylum interviews and meetings with lawyers to support with traumatic symptoms
- Wrote therapeutic reports in support of our members' asylum claims,
- Attended court to support peoples' asylum claims
- Held casework sessions with individuals twice weekly to enable them to access welfare and accommodation.

ACTIVITIES

Our therapeutic programme in 2011 aimed to enable our members to heal from their traumatic experiences, find renewed meaning in life and integrate into the UK, through the provision and maintenance of a supportive, therapeutic community, whereby we:

- Addressed trauma via support groups, individual counselling, body therapies
- Enabled people to find renewed meaning and enjoyment in life through a range of social activities
- Helped people to navigate the stress and complexity of the asylum process
- Supported people in educating themselves and preparing for future employment
- Created fora which allow members to interact with local communities
- Raised awareness of the plight of this vulnerable community amongst public and policy makers.

We did this through the following activities:

Gender	Activities	Purpose
Women's and Men's	Weekly therapeutic support group	To help people overcome isolation, cope with trauma and reestablish ability to relate
Mixed	Mixed therapeutic gardening and social group	Using nature and gardening to help healing process, building community, finding life
Mixed	Annual rural retreat in Devon	Intensive therapeutic and community building retreat, focus on enabling mixed work and processing accompanying anxiety
Mixed	Casework sessions	Assistance with legal, medical, housing and other issues
Mixed	Individual therapy	To enable members to address particularly shameful aspects of their history, build trust and ease them into community
Mixed	Creative English classes	To improve the ability of members to communicate in therapy groups, and wider UK society
Women	Therapeutic massage	To ease stress and facilitate reconnection with the body

FINANCIAL REVIEW

At the beginning of the year Room to Heal was able to carry over £19,751 from the previous year, of which £8,229 was unrestricted funds. However, in 2011 we faced both a constrained financial environment in which there was a considerable increase in competition for funds, and also an increased demand for community membership which required an enhanced programme response. In comparison to the previous year, our income fell by £11,816 while our expenditure rose by £17,701. In total, therefore, we carried a deficit of £11,138 for the year. We were nonetheless able to carry over £8,613 in unrestricted funds and this constitutes our reserve for 2012.

PLANS FOR THE FUTURE

It is an exciting time for Room to Heal. We have moved into much larger premises at the Mildmay Community Centre, in the heart of the Mayville Estate. The new space that we have means we can embark on a broader range of healing activities, such as mindfulness for trauma, trauma healing exercises and chi kung. The extensive gardens, situated in the middle of the local estate, give us the chance to start a much more ambitious gardening and food growing project, in partnership with the local community.

Articulation of our Healing Model

In an environment increasingly dominated by short-term, medicalised responses to trauma, we feel it is important to articulate our unique and effective, model of community healing. Our commitment to further development of the Room to Heal model is supported by an increased interest in our work by partners and referral agencies. We will continue to learn from experience and build awareness of 'what works' through monitoring and evaluation of our service, improved communications through our website, production of reporting materials and outreach.

Developing Creative Responses to Trauma

We will continue to develop our innovative programme of community-based trauma healing activities, for example developing our mindfulness for trauma programme.

Mixed Activities

Increasingly we, and our members, have come to recognise the value of mixed groups in promoting therapeutic change and we have therefore initiated a range of mixed therapeutic activities. For women and men who have experienced torture and sexual violence, mixed groups, though challenging, can enable participants to rebuild trust in one another again, re-experience sisterly and brotherly care and support and

further develop self-esteem and confidence. We will continue to develop this aspect of our work.

Consolidating Funding Revenues

We hope to secure more sustainable funding in order to consolidate and develop our men's and women's programmes, by submitting a range of 3-year funding applications to appropriate funders including Comic Relief, the United Nations Voluntary Fund for Victims of Torture (UNVFVT), and Tudor Trust.

APPOINTMENT OF INDEPENDENT EXAMINER

The Trustees re-appointed Martin Lamb as Independent Examiner to the charity in September 2012.

Signatory of Trustees' Report



Penny Farrar (Chair of Trustees)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report on the accounts of the company for the period ended 31 December 2011, which are set out on pages 20-25.

Respective Responsibilities of Trustees and Examiner

The Trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The Trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 43 of the 1993 Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 43(7Xb) of the 1993 Act; and
- To state whether particular matters have come to my attention.

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

- 1) Which gives me reasonable cause to believe that in any material respect the requirements:
 - To keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting charities have not been met; or

- 2) To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

M.N.Lamb
Independent Financial Controller
68 Treen Avenue
London SW13 0JT

A handwritten signature in black ink, appearing to read 'M.N. Lamb', with a horizontal line extending from the end of the signature.

27th September 2012

ROOM TO HEAL FINANCIAL STATEMENTS YEAR ENDING DEC 2011

Statement of Financial Activities

	01/01/11-31/12/11			
	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>	<u>Endowment Funds</u>	<u>Total</u>
	£	£	£	£
<u>Incoming Resources</u>				
Voluntary Income:				
Grants:	54,500			54,500
Donations:		8,263		8,263
Total Incoming Resources:	54,500	8,263		62,763
<u>Outgoing Resources:</u>				
Delivery of Services:	-54,574	-6,067		-60,640
Rent and Administration:	-11,448	-1,813		-13,261
Total Outgoing Resources:	-66,022	-7,879		-73,901
Net Income/Expenditure	-11,522	384		-11,138
Balance B/F from Previous Year	11,522	8,229		19,751
Funds at 31st December 2011	0	8,613		8,613

Balance Sheet as at 31 December 2011

	01/01/11-31/12/11				01/01/10-31/12/10			
	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>	<u>Endowment Funds</u>	<u>Total</u>	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>	<u>Endowment Funds</u>	<u>Total</u>
	£	£	£	£				
CURRENT ASSETS								
Debtors (3)						960		960
Cash in hand at Bank	-	8,613		8,613	11,522	8,229		18,791
Total Current Assets	-	8,613		8,613	11,522	9,189		20,711
CURRENT LIABILITIES								
Creditors: amount falling due within 1 year (4)								
Net Current Assets/(liabilities)	-	8,613	-	8,613	11,522	9,189	-	20,711
Total Assets less current liabilities	-	8,613	-	8,613	11,522	20,711	-	20,711
FUNDS OF THE CHARITY								
Restricted Funds	-			-	11,522			11,522
Unrestricted Funds		8,613		8,613		8,229		8,229
Endowment Funds								
Total Charity Funds	-	8,613	-	8,613	11,522	8,229	-	19,751

The financial statements are for the period from 01 January 2011 to 31 December 2011. The notes on pages 3 to 5 form part of these financial statements. All incoming resources and outgoing resources derive from continuing activities.

The company is entitled to exemption from audit under section 447(2) of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit of its financial statements for the Year Ended 31 December 2011 in accordance with section 476 of the Companies Act 2006.

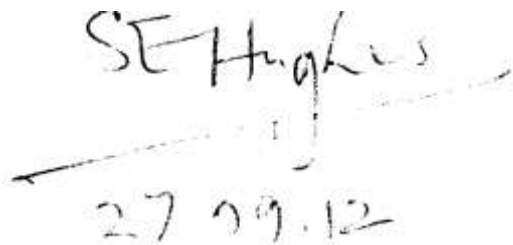
The Trustees acknowledge their responsibility for:

1. Ensuring that the company keep accounting records with section 386; and
2. Preparing accounts that give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profits or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on:
Signed on their behalf by:

Sarah Hughes



SE Hughes
27.09.12

NOTES TO THE FINANCIAL STATEMENTS

1. Accounting Policies

Accounting Convention

The Financial Statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Smaller Entities (effective Jan 2007) and the Statement of Recommended Practice for Charities (SORP 2005).

Tangible Fixed Assets

Items of equipment or fixtures are capitalised if their cost is greater than £500. No such assets were acquired in this period. In the accounting period ended 31 December 2011, the cost of each purchased fixture or equipment was below £500.

Incoming Resources

Incoming Resources are recognized to these accounts when the resource is sufficiently certain, measureable and when the charity obtains entitlement to the receipt.

Outgoing Resources

Outgoing resources are recognized in these accounts when a legal or constructive obligation to transfer resources arises.

Reserves

The restricted funds are restricted income funds given to the charity for specific purposes. They are expendable by the Trustees in furtherance of particular projects within the charity objects.

Unrestricted funds are expendable at the discretion of the Trustees in furtherance of the objects of the charity.

2. Taxation

The charitable company is exempt from taxation on surpluses arising from its charitable activities under S505 of the Income and Corporation Taxes Act 1988. No Charge therefore arises.

3. Debtors:

	01/01/11-31/12/11				01/01/10-31/12/10			
	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>	<u>Endowment Funds</u>	<u>Total</u>	<u>Restricted Funds</u>	<u>Unrestricted Funds</u>	<u>Endowment Funds</u>	<u>Total</u>
	£	£	£	£	£	£	£	£
Rental Deposit		-		-		960		960
		-		-		960		960

4. Related Party Transactions

During the Period ended 31 December 2011 total fees of £21,725.36, were paid to the Director for his therapeutic facilitation service and programme management. None of the Trustees were paid any money other than reimbursement of expenses incurred in furtherance of charitable company objectives.

5. Company Limited by Guarantee

The company does not have any share capital.

6. Net Movement in Funds:

	01/01/11-31/12/11				01/01/10-31/12/10			
	<u>Total Funds Brought Forward</u>	<u>Total Incoming Resources</u>	<u>Total Resources Expended</u>	<u>Total funds carried forward</u>	<u>Total Funds Brought Forward</u>	<u>Total Incoming Resources</u>	<u>Total Resources Expended</u>	<u>Total funds carried forward</u>
	£	£	£	£	£	£	£	£
Restricted Funds								
RML								
Foundation				-	738		738	-
Comic Relief	6,888	32,000	38,888	-		35,982	29,094	6,888
Edible Islington	-	-	-	-		360	360	-
Lush Ltd	-	10,000	10,000	-		5,000	5,000	-
QPSW	17	-	17	0		6,000	5,983	17
Bromley Trust		3,750	3,750	-				
Cripplegate	4,616	8,750	13,366	-		7,000	2,384	4,616
Total Restricted funds	11,522	54,500	66,022	-	738	54,342	43,559	11,522
Total Unrestricted funds	8,229	8,263	7,879	8,613	633	20,237	12,641	8,229
TOTAL FUNDS	19,751	62,763	73,901	8,613	1,372	74,579	56,200	19,751

7. Income and Expenditure Account

	01/01/11-31/12/11				01/01/10-31/12/10			
	Restricted Funds	Unrestricted Funds	Endowment Funds	Total	Restricted Funds	Unrestricted Funds	Endowment Funds	Total
	£	£	£	£	£	£	£	£
TOTAL EXPENDITURE								
Staff Salaries	-47,846	-3,908		-51,754	-32,923	-6,100		-39,022
Staff Supervision	-350	-46		-396	-	-		-
Programme Consumables	-1,687	-1,343		-3,029	-675	-571		-1,246
Gardening	-1,154	-		-1,154	-304	-456		-760
Other	-532	-1,343		-1,875	-371	-115		-486
Travel	-2,991	-770		-3,761	-1,668	-1,296		-2,965
Staff	-	-218		-218	-69	-186		-255
Client	-2,991	-552		-3,543	-1,599	-1,110		-2,709
Rent and Utilities	-10,975	-305		-11,280	-5,677	-2,284		-7,961
Office	-7,912	-120		-8,032	-5,677	-1,526		-7,203
Other	-3,063	-185		-3,248	-	-758		-758
Retreats	-1,701	-		-1,701	-1,682	-1,124		-2,806
Accommodation	-1,400	-		-1,400	-500	-320		-820
Facilitation	-	-		-	-651	-		-651
Consumables	-57	-		-57	-30	-247		-278
Travel	-244	-		-244	-501	-557		-1,057
Telephone and Internet	-	-555		-555	-739	-		-739
Office Consumables	-473	-426		-898	-	-265		-265
Office Equipment	-	-109		-109	-	-40		-40
Hardware	-	-		-	-	-		-
Website	-	-		-	-	-		-
Other	-	-109		-109	-	-40		-40
Community Engagement	-	-		-	-	-		-
Subscription	-	-418		-418	-195	-		-195
Total Resources Expended	-66,022	-7,879		-73,901	-43,559	-12,461		-55,240
Total Income	54,500	8,263		62,763	55,080	20,870		75,951
NET SURPLUS/DEFICIT	-11,522	348		-11,138	11,522	8,229		20,711



“Today I feel different.
I feel happy and alive.
Before I was in four walls.
Now I want to play and shout like a ten year old child.”