**Garden Support Volunteer Role**

*1 day per week on Fridays*

*Apply by Friday 27 September by 5pm*

**About Us**

Room to Heal is a grassroots human rights organisation and therapeutic community based in London. We support refugees and asylum seekers who have survived torture, trafficking and other gross human rights abuses to rebuild their lives in exile through an integrated programme of therapeutic and casework assistance. At the heart of our work lies the cultivation of community, through which our members can restore meaningful relationships with themselves and others, overcoming the legacy of their traumatic experiences. We work with over 100 members from 30 different countries.

**About the role**

The community meets on Tuesdays (at Mildmay Community Centre) and Fridays (at Culpeper Community Garden) - they are both opportunities for our community to enjoy a meal and do some gardening , sit by the fire and be together as a group outside our office space. We meet in the beautiful Culpeper Community Garden from 3pm, and our members cook a meal with the help of our volunteers.  We are looking for a volunteer to join our chefs every week and support with cooking, and contribute to run our garden sessions. Our minimum commitment is of 6 months.

As a volunteer you will be working with vulnerable people we will ask you do complete a DBS check before you can begin to volunteer.

This is an exciting opportunity to get involved with our community. You will be working as a team with at least one other volunteer.

**Your tasks will include:**

* Opening up the garden and setting up the kitchen, together with the chef of the day
* Helping to organise all aspects of the meal: arranging to meet at a clear time with our daily chef on the day, shopping together, helping our chef prepare the meal.
* Helping with our garden plot at Culpeper Garden (this could potentially include weeding, harvesting and maintenance together with our members).
* Potential to help with casework and admin tasks if available in the morning.
* Have fun and become part of our community! Fridays are a core part of our community model, as we believe in the power of sharing food and gardening are beneficial to therapeutic work.

*We can offer:*

* Monthly supervision with an external therapist (on Tuesdays)
* Delicious freshly cooked dinner
* Travel fare reimbursed if needed (up to £5)

**Person Specification**

*Essential:*

* Available on Friday 1.30pm-18.00
* Excellent interpersonal skills
* Ability to deal sensitively and empathically with vulnerable people
* Enjoys cooking and gardening
* Likes working collaboratively in a team
* Adaptable to our organisational needs
* Flexible to any other roles that might come up
* Commitment to adhering to confidentiality

*Desirable:*

* Knowledge and understanding of issues facing asylum seekers and refugees
* Basic gardening skills or interest in contributing to our small garden plot together with our garden volunteers.
* Available from 10am to support our casework team

**How to apply**

Please send a CV and cover letter outlining how you meet the person specification to Anna Perego at anna@roomtoheal.org and feel free to get in touch if you have any questions. The deadline for this role is Friday 27 September by 5pm.