



## **Community Cooking Volunteer**

**Friday afternoon (1-6pm)**

**Minimum 6 month role**

Room to Heal is a human rights charity and therapeutic community based in London. We support refugees and people seeking asylum who have survived torture, trafficking and other gross human rights abuses to rebuild their lives in exile through an integrated programme of therapeutic and casework assistance. At the heart of our work lies the cultivation of community, through which our members can restore meaningful relationships with themselves and others, overcoming the legacy of their traumatic experiences. We support over 100 members from 30 different countries.

### **About the role**

This is an exciting opportunity to get involved with our community. You will be working as a team with another volunteer.

### **Your tasks will include:**

- Opening up the garden and setting up the kitchen, together with the chef of the day
- Helping to organise all aspects of the meal: arranging to meet at a clear time with our daily chef on the day, shopping together, helping our chef prepare the meal.
- Following our food safety and general health and safety guidance at Culpeper.
- Have fun and become part of our community! Fridays are a core part of our community model, as we believe that the power of sharing food and gardening are beneficial to therapeutic work.

### *We can offer:*

- Regular supervision with a therapist
- Level 2 training in food safety and hygiene for catering
- Delicious freshly cooked dinner
- Travel fare reimbursed

### **Person Specification**

*Essential:*

- Available on Friday 1-6pm
- Excellent interpersonal skills
- Enjoys cooking
- Ability to lead on food safety (training available) and ensure food safety is maintained throughout
- Ability to deal sensitively and empathically with vulnerable people
- Likes working collaboratively in a team
- Adaptable to our organisational needs
- Commitment to adhering to confidentiality

*Desirable:*

- Knowledge and understanding of issues facing asylum seekers and refugees

**DBS**

As a volunteer working with vulnerable people we will ask you to complete a DBS check.

**How to apply**

Please send a CV and cover letter outlining how you meet the person specification for this role and explain why you are interested in volunteering at Room to Heal to Elli  
elli.free@roomtoheal.org and feel free to get in touch if you have any questions, tel: **07515  
461745**